

CDC's Adolescent and School Health Program

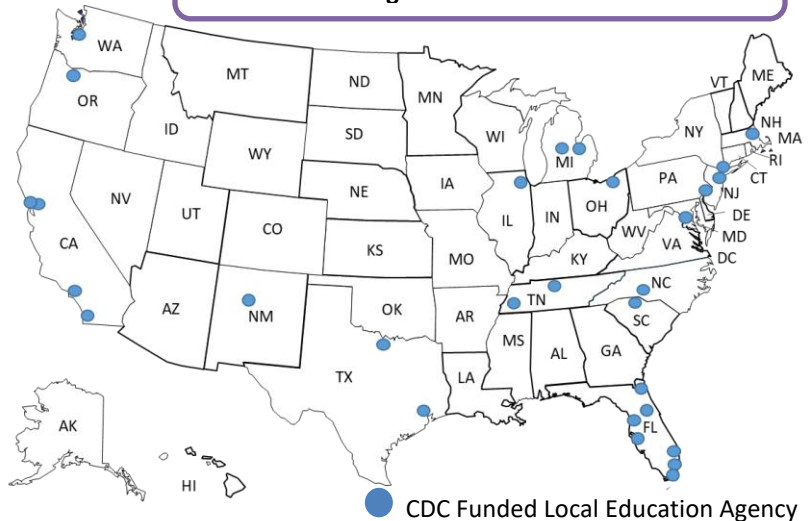
Protecting our Nation's Youth from HIV, STDs and Pregnancy

School Health Programs are Effective

CDC's Youth HIV, STD & Pregnancy Prevention Program:

- Develop *linkages* between education and public health
- Deliver *Quality Health Education*,
- Create systems to link students to *Health Services*
- Establish *Safe and Supportive School Environments*

CDC support reaches close to 8% of the 26 million middle and high school students nationwide



For less than \$10 per student, CDC programs demonstrate improvements in behaviors and experiences that put students at risk for HIV, STD and pregnancy.

CDC Support Increases Implementation of Effective Interventions

From 2014 to 2018, CDC funded school districts reported:



Increased implementation of quality **Sexual Health Education** to **88%** of middle schools and **93%** of high schools



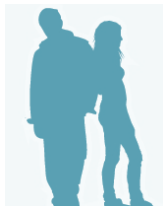
Increased access to key youth friendly **Health Services** referring over **65,000** students



Increased **Safe and Supportive Environments** including expanding the presence of student-led inclusive clubs by **46%**

Together, increased implementation of these strategies lead to reductions in population level sexual risk behaviors

From 2015 to 2017, CDC funded school districts saw statistically significant declines in the percentage of students who:



Ever Had Sex

Were Currently Sexually Active

Had 4 or More Lifetime Sexual Partners

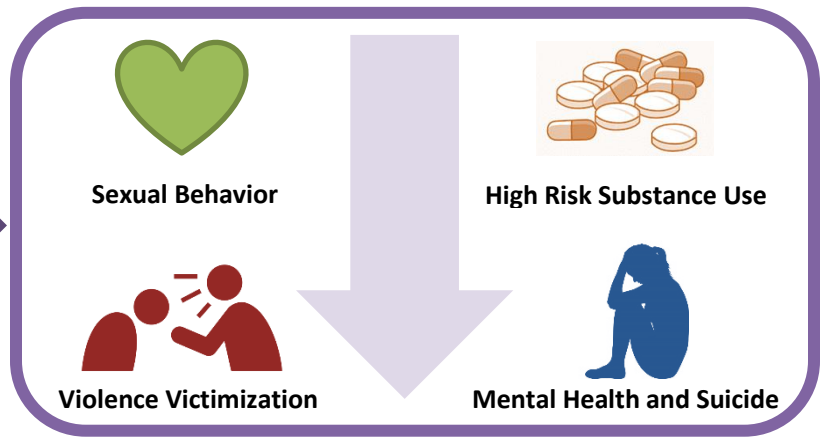
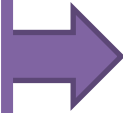
CDC's Approach Improves Protective Factors and Health Outcomes

Well-implemented school connectedness strategies impact more than just sexual behaviors.

From 2014 to 2018, CDC funded districts implemented four key school connectedness strategies which lead to declines in negative health behaviors and experiences among students.

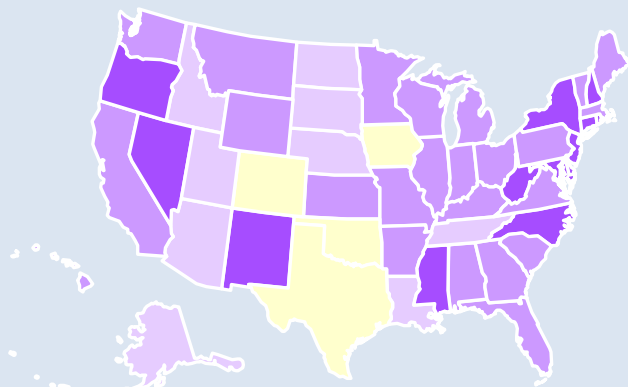
School connectedness interventions:

- Family/community mentoring programs
- Service learning opportunities
- Student-led clubs to provide safe spaces
- Professional development for educators on classroom management

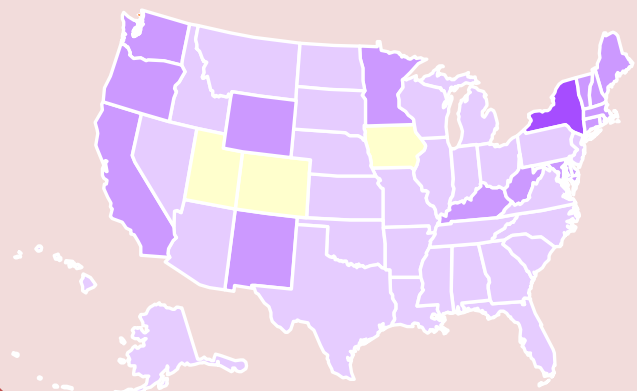


Most Students Do Not Have Access to Effective School-based Interventions

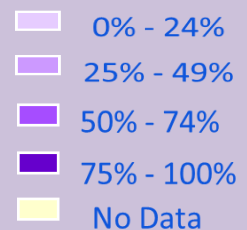
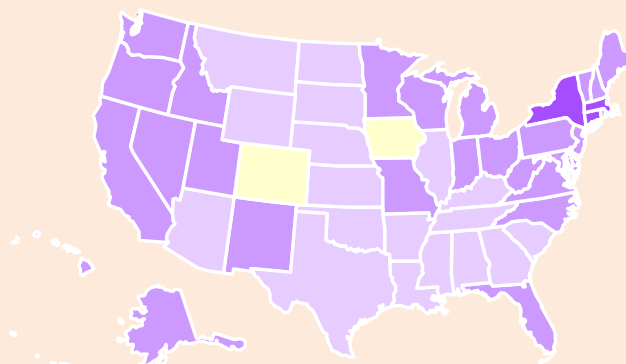
Most schools are not teaching 11 key HIV, STD, and pregnancy prevention topics in a required course during middle and high school



Most schools do not provide students with on-site services or referrals to health care providers for 7 key sexual health services



Most schools do not have a student-led inclusive club



Centers for Disease Control and Prevention
National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention

Source: 2016 School Health Profiles